

# **Sleepers And Track Support**

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# 1. Scope and application

This Standard establishes functional and design requirements, approved configurations, acceptance standards, repair standards for sleepers, turnout bearers, and sleeper fastenings. It also includes requirements for concrete guard rail sleepers and fastening requirements for transoms It is applicable to all Country Regional Network (CRN) main line and siding tracks.

# 2. References

### 2.1. Australian and International Standards

AS 1085.3 - Railway Track Material Part 3: Sleeper plates

AS 1085.8 - Railway Track Material Part 8: Dogspikes

AS 1085.13 - Railway Track Material Part 13: Spring fastening spikes for sleeper plates

AS 1085.14 - Railway Track Material Part 14: Prestressed Concrete Sleepers

AS 1085.17 - Railway Track Material Part 17: Steel Sleepers

AS 1085.18 - Railway Track Material Part 18: Screwspikes and threaded inserts

AS 1085.19 - Railway Track Material Part 19: Resilient fastening assemblies

AS 1214 – Hot-dip galvanized coatings on threaded fasteners

AS 1444 – Wrought alloy steels - Standard, hardenability (H) series and hardened and tempered to designated mechanical properties

AS 3818.2 – Timber - Heavy structural products - Visually graded; Part 2: Railway track timbers

Unless otherwise specified, all references relate to the latest standard versions, including amendments and relevant superseding standards.

### 2.2. CRN documents

CRN CS 200 - Track System

CRN CS 210 - Track Geometry and Stability

CRN CS 220 - Rail and Rail Joints

CRN CS 240 - Ballast

CRN CM 211 - Track Geometry and Stability

CRN CM 223 - Rail Adjustment

CRN CM 231 – Sleepers and Fastenings

CRN CP 231 - Timber Sleepers and Bearers

CRN CP 232 - Concrete Sleepers CRN CP 233 - Steel Sleepers

CRN CP 234 - Concrete Bearers

CRN CP 235 - Steel Turnout Bearers CRN CP 237 - Resilient Baseplates

### 2.3. Other references

Nil

### 2.4. Definitions

Definitions of terms used in this standard may be found in CRN Engineering Standard CRN CS 200 "Track System".

## 3. Engineering authority

Design and selection of infrastructure detailed in this standard for use on the CRN may only be undertaken by persons who have been granted appropriate Engineering Authority by the Principal Track and Civil Engineer

# 4. Design & performance criteria

### 4.1. Track configuration

The configuration of track elements, including sleepers, turnout bearers, and sleeper fastenings is specified in CRN CS 200.

### 4.2. Sleepers and bearers

This standard has been developed in consideration of the following criteria:

#### 4.2.1. Loading

- Service loads (and dynamic response) including effects of track alignment, maintenance standards, and traffic task.
- Resistance to impact loading (e.g. wheel flats).
- Rail seat loads, sleeper bending moments, rail to sleeper pressure and sleeper to ballast pressure.

#### 4.2.2. Materials

• Sleeper material, type and spacing.

- Sleeper acceptance, inspection and testing requirements, and assessment of effectiveness prior to insertion in track.
- Sleeper life and treatment (e.g. timber preservatives).
- Deterioration of the sleeper material (e.g. rust, concrete reactivity, fungal rot, white ant attack).

### 4.2.3. Interfaces with other rail infrastructure

- Track circuit requirements.
- Support of point switching equipment where necessary.

### 4.2.4. Support Requirements

- Track support conditions and deflection criteria.
- Required track modulus.

#### 4.2.5. **Performance requirements**

- Need to provide resistance to the lateral buckling of the track.
- Need to provide effective support, positioning and restraint of the rail (in conjunction with the rail fastening system).
- Geometric requirements including the length and orientation of bearers in points and crossings structures.

### 4.3. Fastening assembly design

The factors to be considered in determining rail to sleeper fastening assembly design should include the following:

Loading

- Service loads (and dynamic response) including effects of track alignment, maintenance standards, and traffic task.
- Attenuation of vertical impact loads and vibration.
- Pressure transmitted to the sleeper rail seat, for example the need for sleeper plates on timber sleepers.
- Need to control damage to sleepers by rail seat abrasion.
- Need to restrain longitudinal forces from train movement and thermal effects

Interfaces with other rail infrastructure

• The need to provide electrical insulation where required to enable track circuits to work or to avoid current leakage.

Support Requirements

• Required track modulus.

Performance requirements

- The need to provide effective support, positioning and restraint of the rail (in conjunction with the sleepers and bearers).
- The need to hold rails to gauge and at the correct inclination when subjected to lateral forces caused by vehicle curving, track alignment irregularities and wheelset steering and hunting.
- The need to provide lateral and torsional restraint (in the horizontal track plane) to the rail against buckling in hot weather.
- The need to provide rail longitudinal creep resistance when the rail is subjected to thermal loads and vehicle braking and traction forces.

# 5. Allowable configurations

Note: Approved non-standard configurations are documented in Appendix 4.

### 5.1. Selection of sleeper type

Sleeper type shall be selected in accordance with the Track class detailed in CRN CS 200. Approved alternative sleeper types for each Track class are detailed in Table 1 and Table 2. Selection of a different sleeper type may impose requirements for fastening type, rail welding, ballast depth or fastening type. These requirements are detailed in the track element standards referenced in CRN CS 200.

| Track Class | Preferred Sleeper Type | Approved Alternatives (Note 2)  |
|-------------|------------------------|---------------------------------|
| 1           | Concrete               | Steel (Note 1), Timber (Note 1) |
| 2           | Concrete               | Steel (Note 1), Timber (Note 1) |
| 3           | Steel (Note 1)         | Concrete, Timber (Note 1)       |
| 3G          | Steel (Note 1)         | Concrete, Timber (Note 1)       |
| 5           | Steel (Note 1)         | Concrete, Timber (Note 1)       |

#### Table 1 – Selection of sleeper type – Main Line

| Track Class | Preferred Sleeper Type | Approved Alternatives (Note 2) |
|-------------|------------------------|--------------------------------|
| 1           | Concrete               | Steel, Timber                  |
| 2           | Steel                  | Concrete, Timber               |
| 3           | Steel                  | Concrete, Timber               |

#### Table 2 – Selection of sleeper type – Sidings

Note 1 – Concrete sleepers shall be installed on a face in transition areas onto fixed assets such as transom top bridges and fixed level crossings level crossings (see Section 5.2)

Note 2 – Alternative sleepers options may only be installed on approval from the Principal Track and Civil Engineer

Alternative sleeper materials may only be used with the approval of the Principal Track and Civil Engineer.

Mixing of sleeper types shall only be permitted in accordance with the requirements of Section 7.

### 5.2. Transitions

In the case where open track interacts with a more rigid infrastructure (ie track slabs, transom top bridges), the track stiffness at the approaches shall be reviewed to ensure that there is no significant deterioration of track geometry at the interface. To achieve this, the track stiffness should be increases by a factor of 2 every 5 to 10m. Minimum approaches to transitioning track stiffness are detailed in Table 3, further treatment may be required in the form of longer bearer lengths or softening of the fixed structure

| Sleeper<br>Material | Timber<br>Turnout<br>Transition<br>Arrangement | Concrete<br>Turnout<br>Transition<br>Arrangement        | Track Slab/Transom top<br>bridge etc (note 1)<br>Transition Arrangement                                    |
|---------------------|--|---|--|
| Timber              | Nil  | Minimum of 8<br>concrete sleepers<br>in front of switch | Minimum of 14     concrete sleepers,     and   |
|                     |  |   | <ul> <li>Consideration of<br/>resilient fasteners on<br/>track slab/transom<br/>top bridge, and</li> </ul> |
|                     |  |   | Consideration of     approach slab or     special sleepers   |

#### Table 3 – Standard transition details – Main Line

| Sleeper<br>Material | Timber<br>Turnout<br>Transition<br>Arrangement           | Concrete<br>Turnout<br>Transition<br>Arrangement        | Track Slab/Transom top<br>bridge etc (note 1)<br>Transition Arrangement  |
|---------------------|--|---|--|
| Steel               | Minimum of 8<br>timber<br>sleepers in<br>front of switch | Minimum of 8<br>concrete sleepers<br>in front of switch | <ul> <li>Minimum of 14<br/>concrete sleepers,<br/>and</li> <li>Consideration of<br/>resilient fasteners on<br/>track slab/transom<br/>top bridge, and</li> <li>Consideration of<br/>approach slab or<br/>special sleepers</li> </ul> |
| Concrete            | Minimum of 8<br>timber<br>sleepers in<br>front of switch | Nil   | <ul> <li>Consideration of<br/>resilient fasteners on<br/>track slab/transom<br/>top bridge, and</li> <li>Consideration of<br/>approach slab or<br/>special sleepers</li> </ul>   |

Note 1 Principal Track and Civil Engineer approval required

Note 2 There are no Transition requirements for Sidings.

## 5.3. Timber sleepers

Where timber sleepers have been selected for track maintenance or renewal, the following requirements shall apply.

#### 5.3.1. Selection

For existing applications in ballasted plain track, detailed in CRN CS 200, sleeper size shall meet the requirements of Section 5.3.2 and the standard spacing shall be as detailed in 5.3.4.

For the design of new lines, the beam on elastic foundation (BOEF) analysis may be used to determine sleeper size and spacing.

All timber sleepers shall be inspected for compliance, and passed, by a timber inspector prior to use on the CRN Network in accordance with CRN CP 231.

#### 5.3.2. Size

#### 5.3.2.1 Standard sleeper size

Dimensions and acceptance tolerances for timber sleepers shall be in accordance with the requirements of Table 4.

| Parameter  | Dimension (mm) | Acceptance Tolerance (mm) |
|------------|----------------|---------------------------|
| Length     | 2 440          | +75 - 0                   |
| Width      | 230            | +25 - 0                   |
| Depth      | 130            | +10 - 0                   |
| Squareness | 90°            | ±2°                       |

#### Table 4 – Timber sleeper dimensions

#### 5.3.3. Use

#### 5.3.3.1 New timber sleepers

Sleepers shall be cut from timber species nominated in Groups 1 and 2 of Table 5.

Approval is required from the Principal Tack and Civil Engineer to use species from Group 3.

Treated sleepers are not approved for use.

Sleepers cut from dead timber are not approved for use

Want, wane and sapwood, separately or in combination, is not permitted to exceed 10% of the width of the face in or below the rail seat area.

| Group   | Common Name                     | Botanical Name   |
|---------|---------------------------------|------------------|
| Group 1 | Ironbark Grey                   | E. Siderophloia  |
| Group 1 | Ironbark Grey                   | E. Paniculata    |
| Group 1 | Ironbark Grey                   | E. Drepanophylla |
| Group 1 | Ironbark Red (Broad<br>Leaved)  | E. Fibrosa       |
| Group 1 | Ironbark Red (Narrow<br>Leaved) | E. Crebra        |
| Group 1 | Ironbark Red                    | E. Sideroxylon   |
| Group 1 | Gum Slaty or Box<br>Slaty       | E. Dawsonii      |
| Group 1 | Box White                       | E. Albens        |
| Group 2 | Box Grey                        | E. Microcarpa    |
| Group 2 | Box Grey                        | E. Moluccana     |
| Group 2 | Tallow Wood                     | E. Microcorys    |
| Group 2 | Gum Grey                        | E. Punctata      |
| Group 2 | Gum Grey                        | E. Propinqua     |
| Group 2 | Gum Forest Red                  | E. Tereticornis  |
| Group 2 | Mahogany White                  | E. Acmeniodies   |

#### Table 5 – Approved timber species

| Group   | Common Name   | Botanical Name   |  |
|---------|---------------|------------------|--|
| Group 3 | Gum River Red | E. Camaldulensis |  |
| Group 3 | Blackbutt     | E. Pilularis     |  |

#### 5.3.3.2 Recycled timber sleepers

Recycled timber sleepers (i.e. sleepers that have previously been used in track) may not be used on main lines with the following exceptions:

- Sleepers are fitted with plates for resilient fastenings, and
- Sleepers have been assessed as having a minimum remaining life of 5 years at the new location, and
- The connection between the plates and the sleeper is sound with no evidence of plate movement.

Recycled sleepers may be used in crossing loops and in sidings under the following conditions:

 Sleepers have been assessed as having a minimum remaining life of 5 years at the new location.

### 5.3.4. Spacing

#### 5.3.4.1 Spacing in open track

The spacing is defined as the distance between the centrelines of the sleepers. Steel and Timber sleeper shall be spaced during construction in accordance with "Sleeper Spacing" and the applicable "Acceptance Tolerance" specified in Table 6. At completion of construction activities, the sleeper spacing shall be evenly spaced and comply with the "Tolerance Limit" specified in Table 6.

| Track<br>Class | Sleeper<br>Spacing<br>(mm) | Acceptance<br>Tolerance<br>(spacing or skew)<br>(mm) (Note 1)<br>(Note 2) | Tolerance Limit No.<br>of sleepers/rail<br>length (m) |
|----------------|----------------------------|---|---|
| 1              | 600(Note 3)                | ± 20(Note 4)  | 25/15 (±50mm)   |
| 2              | 600(Note 3)                | ± 20 (Note 4)   | 25/15 (±50mm)   |
| 3/3G           | 623(Note 3)                | ± 20 (Note 4)   | 24/15 (±50mm)   |
| 5              | 610(Note 3)                | ± 20  | 25/15 (±50mm)   |

#### Table 6 – Timber and steel sleeper spacing - ALL Track (mainline & sidings)

Note 1 Installation tolerance for new track or face resleepering only.

Note 2 Skew is the variation from square from one side of the sleeper to the other

Note 3 Except at rail joints (See Section 5.3.4.2)

Note 4 Up to 50mm for spacing to allow for missing a thermit weld (only over two sleepers) Permissible sleeper spacing for existing track is detailed in CRN CM 203.

#### 5.3.4.2 Spacing at rail joints

Spacing of sleepers at rail joints in plain ballasted track shall meet the requirements detailed in Table 7.

| Rail (Kg/m)                                | Design Spacing (mm) | Acceptance Tolerance (mm) |
|--|---------------------|---------------------------|
| 53 Insulated                               | 430                 | ± 20                      |
| 53 Mechanical                              | 510                 | ± 20                      |
| Bonded Insulated<br>Joints (any rail size) | 600                 | ± 20                      |
| All Others                                 | 510                 | ± 20                      |

Table 7 – Timber and steel sleeper spacing at joints

On certain lighter sections of track where angle fishplates are used, it may be necessary to adjust the sleeper spacing at joints to ensure dogspikes can be correctly located at the fishplate.

All sleepers shall be flat adzed when used with sleeper plates.

#### 5.3.4.3 Spacing at bridge ends with ballast log

Spacing of rail support (sleepers, abutment and transoms) at transom topped bridge ends shall be adjusted in accordance with Table 8 - Support spacing at bridge ends

| Track Class                                 | Design Spacing (mm)   | Acceptance Tolerance<br>(mm) |
|---|---|------------------------------|
| All classes – New<br>bridge structures      | 600   | ± 20                         |
| All classes – Existing<br>bridge structures | 600 preferred up to<br>900 subject to<br>approval of Principal<br>Track and Civil<br>Engineer | ± 20                         |

#### Table 8 – Support spacing at bridge ends

### 5.3.5. Boring requirements in timber sleepers, transoms and bearers

Sleepers, transoms and bearers shall be bored to match the track plates used in the approved configuration. The patterns for sleeper plates using dogspikes, lockspikes, dogscrews and lockscrews are detailed in Appendix 3.

Hole sizes shall be as detailed in Table 9. Holes shall be bored completely through the timber.

| Fastening type        | Hole diameter (mm) |
|-----------------------|--------------------|
| Dogspikes             | 21 ± 0.5           |
| Lockspikes            | 16 ± 0.5           |
| Dogscrews             | 17 ± 0.5           |
| Lockscrews            | 14 ± 0.5           |
| 27 mm dia Screwspikes | 25 ± 0.5           |
| 24 mm dia Screwspikes | 18 ± 0.5           |
| 22 mm dia Screwspikes | 18 ± 0.5           |

#### Table 9 – Fastening hole diameters

### 5.3.6. Proximity of plates to sleeper and bearer ends in turnouts

The outer end of sleeper plates shall, normally, be located no closer than 200mm to the end of timber sleepers or bearers. The District Engineer may approve a reduction to no less than 50mm in constrained situations at turnouts and special trackwork.

### 5.4. Steel sleepers

Steel sleepers are approved for installation in all classes of track in CRN. Steel sleepers are not approved for use in curves  $\leq$  200m radius. The steel sleeper design in AS 1085.17 is not valid in this range.

Where steel sleepers have been selected for track maintenance or renewal, the following requirements shall apply.

### 5.4.1. Selection

There are four types of steel sleepers as detailed in Table 10 below.

The sleeper type chosen for installation will depend on the operational requirement as detailed in CRN CS 200 and the current and future requirements for track circuiting.

Sleeper type shall be selected in accordance with Table 10.

| Steel<br>Sleeper<br>Type | Application   | Insulation | Minimum Approved configuration |
|--------------------------|---|------------|--------------------------------|
| 1                        | Class 1 lines with ≥ 10MGT per year<br>of 25t axle load traffic where NO<br>track circuits are or may be provided | No         | M8.5 (OneSteel)                |
| 1C                       | Class 1 lines with ≥ 10MGT per year<br>of 25t axle load traffic where track<br>circuits are or may be provided.   | Yes        | M10 (OneSteel)                 |
| 2                        | All lines where type 1 sleepers are<br>not required and where NO track<br>circuits are or may be provided         | No         | M7.5 (OneSteel)                |
| 2C                       | All lines where type 1 sleepers are<br>not required and where track circuits<br>are or may be provided.           | Yes        | M8.5 (OneSteel)                |

#### Table 10 – Selection of steel sleeper type

Only approved products shall be used as sleepers, fastenings and insulators. Approved products are detailed in Appendix 1. Alternatively the steel sleeper system, including fastenings, may be approved by the Principal Track and Civil Engineer if it complies with the requirements of CRN Engineering Specification CRN CP 233 "Steel Sleepers".

#### 5.4.2. Size

The sleepers shall be designed to conform to the dimensions detailed in Table 11.

#### Table 11 – Steel sleeper dimensions

| Parameter       | Dimensions   |
|-----------------|--------------|
| Length          | 2500 mm      |
| Width (at base) | 250 - 260 mm |
| Width (at seat) | 150 - 160 mm |
| Depth           | 95 - 100 mm  |

#### 5.4.3. Use

Steel sleepers may be installed:

- In a face in long sections or in a full curve,
- Interspersed with timber sleepers as PRS
- As replacements for isolated timber sleepers

Conditions may be applied to their use. These are detailed in this section

Steel sleepers are different to timber and concrete sleepers. They rely on the ballast in the sleeper "pod" to add to their effective mass. Because of this the amount of and degree of compaction of the ballast in the pod is critical to the sleeper's in-service performance

Steel sleepers shall be insulated where track circuits are present e.g. at approaches to level crossings with active protection.

Where one or more rails are to carry signalling current then both rails shall be insulated. Insulated sleepers shall comply with the insulation requirements specified in CRN CP 233.

Even with insulators fitted, contamination by conducting material around the fastenings or under the rail can cause signalling problems. This includes locations:-

 where contaminants regularly invade the track area (coal, minerals, mud, clay, dirt etc) locations where the track is continually wet

Where these conditions exist in track circuited areas, steel sleepers shall not be used.

Steel sleepers are not recommended for use in locations where corrosion/ chemical damage is likely to be a problem. Such locations may include:-

- Slag ballast
- Areas of frequent sanding (e.g. steep grades)
- Areas of high salinity
- Continually wet or moist areas such as some tunnels or some types of level crossings
- Areas where corrosive materials invade the track area (coal, minerals, mud, clay dirt etc.)

Steel sleepers are not recommended for use in the following situations

- Where the ballast/ formation is poor and where deflection under load is high
- At locations where track dynamic forces are high, such as at joints or where the inherent rail surface condition is poor.

In such situations the stable bond between the sleeper and the ballast cannot be maintained.

Steel sleepers shall not be used as transoms

Steel sleepers shall not be used at permanent mechanical rail joints (i.e. one sleeper each side of the joint). Steel sleepers that have been welded, cut or otherwise altered from an approved design shall not be used.

Steel sleepers that have been bent or otherwise damaged by derailment or extraction process may be reused on sidings and lines carrying <3MGT (on curves >1000m radius and tangent rack) subject to the following requirements:

 Engineering inspection and assessment in accordance with CRN Engineering Manual CRN CM 231 "Sleepers and Fastenings". • They may be installed at intervals no closer than 1 in 2.

Where steel sleepers are to be reused the extent to which their fatigue life has been used up shall be considered. Guidelines for the assessment of fatigue life are contained in CRN CM 231.

Gauge widening is not required for steel sleepers used in low radius curves.

The full extent of any curves shall be resleepered in all cases (e.g. all timber, all steel, all concrete, all interspersed timber and steel etc.)

Steel sleepers shall not be interspersed with concrete sleepers unless approved as part of a strategy to upgrade the track to be 100% concrete sleepered.

Steel sleepers may only be interspersed with timber sleepers in LWR track where they are in accordance with a specific strategy developed in accordance with the guidelines in Section 7 and approved by the Principal Track and Civil Engineer.

Where steel sleepers are being installed leading into a fixed structures (such as transom top bridges, fixed level crossings and track slabs) to transition the track stiffness (see Section 5.2).

### 5.4.4. Compatibility with rail type

Steel sleepers shall only be used with rail sizes up to and including the size for which they have been designed and tested in accordance with CRN CP 233. Spacers may be used to provide adjustment so that more than one rail size can be accommodated.

Current approved steel sleeper types are able to accommodate variations in rail size as detailed in Table 12 - Hole punching and spacer selection in plain track and Table 13 below.

|                          | M10*                                    | M8.5*                                   | M7.5*  | M7.5*                           |
|--------------------------|---|---|--|---------------------------------|
|                          | M10 NI 60<br>M10 I 53 *                 | M8.5 NI 53 M8.5<br>I 53 *               | M7.5 NI 53 *   | M7.5 NI 47 *                    |
| Punched for foot size    | 146                                     | 146                                     | 146  | 127                             |
| Used without spacers for | 60kg(Note 1)<br>53kg (+<br>equivalents) | 60kg(Note 1)<br>53kg (+<br>equivalents) | 60kg(Note 1)<br>53kg (+<br>equivalents)  | 50kg<br>47kg (+<br>equivalents) |
| Used with spacers for    |   | 47kg (+<br>equivalents)                 | 50kg<br>47kg (+<br>equivalents)<br>41 kg (+<br>equivalents)<br>31kg (+<br>equivalents) |                                 |

#### Table 12 – Hole punching and spacer selection in plain track

\* Sleeper type (OneSteel configuration)

NI = Non insulated

#### I = Insulated

Note 1 - It is not desirable to install 60kg rail on steel sleepers

#### Table 13 – Hole punching and spacer selection at Bonded Insulated Joints

|                          | M10*                                  | M8.5*   |
|--------------------------|---------------------------------------|---|
|                          | M10 I 53*                             | M8.5 I 53*  |
| Used without spacers for | 60kg (Note 1)<br>53kg (+ equivalents) | 60kg (Note 1)<br>53kg (+ equivalents) (NOT 100AS (1928))      |
| Used with spacers for    |                                       | 100AS (1928)<br>47kg (+ equivalents)<br>41 kg (+ equivalents) |

\* Sleeper type (OneSteel configuration)

Note 1 - It is not desirable to install 60kg rail on steel sleepers

The term "equivalent" in Table 12 - Hole punching and spacer selection in plain track

and Table 13 above relates to equivalent rail foot sizes as detailed in CRN CS 220. The selection of lock in shoulder, insulator (where required) and spacers (where required) is largely dependent on rail head dimensions. Selection of combinations of sleeper, lock in shoulder, insulator and spacers for individual rail sizes is detailed in CRN CM 231.

Where sleepers are to be used for rail sizes less than 47kg/m, then the sleeper systems to be used shall be adjustable to accommodate future rail upgrading to 53kg/m (or larger size) unless otherwise approved by the Principal Track and Civil Engineer.

#### 5.4.5. Spacing

Steel sleepers shall be spaced in open track in accordance with the requirements of Table 6 and at rail joints in accordance with Table 7.

#### 5.4.6. Anchors

Steel sleepers are attached to the rail with resilient fasteners that provide resistance to rail creep. Steel sleeper resilient fasteners typically provide at least equivalent creep resistance to fair type anchors. Fair type anchors shall be replaced against timber sleepers after PRS to restore the preexisting anchor pattern or, a minimum of one in three sleepers anchored (including both fair type anchors or resilient fasteners) whichever is greater.

### 5.5. Concrete sleepers

CRN CP 232 "Concrete Sleeper" details design requirements and type approval for design of new concrete sleepers.

Where concrete sleepers have been selected for track maintenance or renewal, the following requirements shall apply.

#### 5.5.1. Selection

There are two types of concrete sleepers

- Heavy Duty suitable for heavy freight tonnages and axle loads up to 30 tonnes or for providing greater lateral stability
- Medium Duty -suitable for general use with axle loads ≤ 25 tonne.

Only approved designs shall be used. Approved designs are detailed in Appendix 1

For existing applications, all new concrete sleepers shall meet the requirements of CRN Engineering Specification CRN CP 232 "Concrete Sleepers".

#### 5.5.2. Size

The sleepers shall be designed to conform to the dimensions detailed in Table 14.

| Parameter                        | Heavy Duty           | Medium Duty          |
|----------------------------------|----------------------|----------------------|
| Length                           | 2390 - 2500mm        | 2390 - 2500mm        |
| Width (at base)                  | 220 - 255 mm         | 220 - 255 mm         |
| depth (centre of rail seat)      | 230mm maximum        | 180mm maximum        |
| Rail seat area (flat<br>surface) | 28800mm <sup>2</sup> | 25620mm <sup>2</sup> |

#### Table 14 – Concrete sleeper dimensions

#### 5.5.3. Use

Concrete sleepers are only approved for installation with 53 and 60kg rail.

On sharp curves <400m radius where Pandrol e3003 clips are installed, heavy duty insulators shall be used for new installations and for replacement of insulators. Heavy duty insulators are not required with 'Fastclip' installations.

Where concrete sleepers are used as replacement sleepers within existing sections of concrete sleepers they shall reasonably match adjacent sleepers in dimensions and capacity.

transitional requirement for concrete sleepers adjacent to fixed structures and turnouts with timber bearers is detailed in Section 5.2.

Concrete sleepers may only be interspersed with timber sleepers where they are in accordance with a specific strategy developed in accordance with the guidelines in Section 7 and approved by the Principal Track and Civil Engineer.

### 5.5.4. Spacing

#### 5.5.4.1 Spacing in open track

Concrete sleepers shall be spaced during construction in accordance with "Sleeper Spacing" and the applicable "Acceptance Tolerance" specified in Table 15 and Table 16. At the completion of construction activities, the sleeper spacing shall be evenly spaced and comply with the "Tolerance Limit" specified in Table 15 and Table 16.

| Table 15 – Concret | te sleeper spacing | a – Desian Spacino |   |
|--------------------|--------------------|--------------------|---|
|                    | to Slooper Spacing | g beorgin opuoling | 1 |

| Track Class        | Sleeper<br>Spacing (mm) | Tolerance<br>(spacing or skew)<br>(mm) (Note 1) | Tolerance Limit No.<br>of sleepers/rail<br>length (m) |
|--------------------|-------------------------|---|---|
| ALL mainline track | 600                     | ± 20 (Note 2)                                   | 25/15 (±50mm)   |

#### Table 16 – Concrete sleeper spacing – Maximum spacing (Sidings ONLY)

| Track Class    | Sleeper<br>Spacing (mm) | Tolerance<br>(spacing or skew)<br>(mm) (Note 1) | Tolerance Limit No.<br>of sleepers/rail<br>length (m) |
|----------------|-------------------------|---|---|
| ≤25T Axle load | 720                     | ± 20  | 21/15 (±60mm)   |
| >25T Axle load | 600                     | ± 20  | 25/15 (±50mm)   |

Note 1 Installation tolerance for new or face resleepering of track sections

Note 2 Up to 50mm for spacing to allow for missing a thermit weld (only over two sleepers) Permissible sleeper spacing for existing track is detailed in CRN CM 203.

#### 5.5.4.2 Spacing at bonded insulated joints in open track

Spacing of concrete sleepers at bonded insulated joints shall be 600mm (± 20mm).

### 5.6. Concrete guard rail sleepers

Concrete Guard Rail Sleepers are concrete sleepers that have been designed to allow attachment of guard rails inside the running rails in accordance with site specific designs.

Only approved designs shall be used. Approved designs are detailed in Appendix 1.

Selection, use and spacing shall be in accordance with similar requirements for concrete sleepers in Section 5.5.

### 5.7. Timber turnout bearers

The following requirements shall apply to the use of timber turnout bearers

### 5.7.1. Selection

The size and spacing of timber bearers for points and crossing structures may be designed using the beam on elastic foundation analysis (BOEF) similar to that used for sleepers, however the following additional considerations may be necessary:

- Allowance for additional length of timber bearers over standard sleepers.
- Allowance for centrifugal forces through curved pairs of rail.
- Allowance for forces and moment induced from points motors and other such equipment

For existing applications, all new timber turnout bearers shall meet the requirements of CRN CP 231

#### 5.7.2. Timber bearer size

Dimensions of timber turnout bearers shall be selected as follows:

- Width 250mm
- Depth 150 and 180mm for general application

200mm for bearers on which points motors will be attached.

Boxed heart timber bearers are only approved for use in depths of 180mm and 200mm.

 Length – The minimum length of timber bearers shall be calculated as the measurement from the "Outside" gauge face to "outside" gauge face at the point at which the bearer is to be installed + 1.2m. The length shall be rounded up to match the next available size for the selected bearer depth in Table 17

The minimum dimensions for turnout switch and crossing timbers shall be in accordance with the requirements specified in Table 17.

| Width<br>(mm) | Depth<br>(mm) | Standard Timber Lengths Turnouts and Crossovers<br>(m)                                   |
|---------------|---------------|--|
| 250           | 150           | 2.8, 3.0, 3.2, 3.4, 3.6, 3.8   |
| 250           | 180           | 2.8, 3.0, 3.2, 3.4, 3.6, 3.8, 4.0, 4.2, 4.4, 4.6, 4.8, 5.0, 5.2, 5.4, 5.8, 6.0, 6.2, 6.4 |
| 250           | 200           | 2.8, 3.0, 3.2, 3.4, 3.6, 3.8, 4.0, 4.2, 4.8, 5.0, 5.2,                                   |

| Table 17 - | - Timber | turnout | bearer | dimensions |
|------------|----------|---------|--------|------------|
|------------|----------|---------|--------|------------|

The dimensional tolerances shall be in accordance with Table 18.

#### Table 18 – Tolerances on timber bearer dimensions

| Parameter | Tolerance        |
|-----------|------------------|
| Length    | + 50 mm / - 0 mm |

| Parameter  | Tolerance        |  |
|------------|------------------|--|
| Width      | + 25 mm - 0 mm   |  |
| Depth      | + 10 mm / - 0 mm |  |
| Squareness | ±2°              |  |

### 5.7.3. Usage

#### 5.7.3.1 New timber turnout bearers

Turnout bearers shall be cut from timber species nominated in Groups 1 and 2 of Table 19.

Treated bearers are not approved for use.

Sleepers cut from dead timber are not approved for use

Want, wane and sapwood, separately or in combination, is not permitted to exceed 10% of the width of the face in or below the rail seat area.

| Group   | Common Name                  | Botanical Name   |
|---------|------------------------------|------------------|
| Group 1 | Ironbark Grey                | E. Siderophloia  |
| Group 1 | Ironbark Grey                | E. Paniculata    |
| Group 1 | Ironbark Grey                | E. Drepanophylla |
| Group 1 | Ironbark Red (Broad Leaved)  | E. Fibrosa       |
| Group 1 | Ironbark Red (Narrow Leaved) | E. Crebra        |
| Group 1 | Ironbark Red                 | E. Sideroxylon   |
| Group 2 | Box Grey                     | E. Microcarpa    |
| Group 2 | Box Grey                     | E. Moluccana     |
| Group 2 | Tallow Wood                  | E. Microcorys    |
| Group 2 | Gum Grey                     | E. Punctata      |
| Group 2 | Gum Grey                     | E. Propinqua     |
| Group 2 | Mahogany White               | E. Acmeniodies   |

#### Table 19 – Approved timber species

#### 5.7.3.2 Recycled timber bearers

Recycled timber bearers (ie bearers that have previously been used in track) may not be used on Class 1, 2, 3 or 3G main lines.

Recycled bearers may be used in Class 5 track and in crossing loops and in sidings in all classes of track under the following conditions:

 timbers have been assessed as having a minimum remaining life of 5 years at the new location.

### 5.7.4. Spacing

Nominal spacing of timber turnout bearers shall be 600mm. Variation of spacing to suit turnout requirements is permitted up to a maximum of 700mm (except at mechanical joints or mechanical insulated joints where the maximum is 600mm). Spacing shall not be less than 500mm.

### 5.8. Concrete turnout bearers

#### 5.8.1. Selection

Only approved designs shall be used. Approved designs are detailed in Appendix 1

For existing applications, detailed in CRN CS 200, all new concrete turnout bearers shall be designed and manufactured in accordance with the requirements of CRN Engineering Specification CRN CP 234 "Concrete Bearers".

### 5.8.2. Concrete bearer size

Limiting dimensions of concrete turnout bearers shall be selected as follows:

- Width 240 300mm
- Depth 220 300mm
- Length Varies 2.5m to 7.5m

The dimensional tolerances for approved designs shall be in accordance with Table 20.

| Table 20 – Tolerances on | concrete bearer | dimensions |
|--------------------------|-----------------|------------|
|--------------------------|-----------------|------------|

| Dimension | Tolerance        |  |
|-----------|------------------|--|
| Length    | + 10 mm / - 5 mm |  |
| Width     | ± 3 mm           |  |
| Depth     | ± 3 mm           |  |

### 5.8.3. Spacing

Nominal spacing of concrete turnout bearers shall be 600mm. Variation of spacing to suit turnout requirements is permitted up to a maximum of 700mm. Spacing shall not be less than 500mm

### 5.9. Steel turnout bearers

### 5.9.1. Selection

Only approved designs shall be used. For existing applications, detailed in CRN CS 200, all new steel turnout bearers shall be designed and manufactured in accordance with the requirements of CRN Engineering Specification CRN CP 235 "Steel Turnout Bearers"

### 5.9.2. Steel bearer size

Limiting dimensions of steel turnout bearers shall be selected as follows:

Width - 250 - 300mm

Depth - 95 - 200mm

Length - Varies 2.5m to 7.5m

The dimensional tolerances for approved designs shall be in accordance with Table 21.

#### Table 21 – Tolerances on steel bearer dimensions

| Dimension | Tolerance        |
|-----------|------------------|
| Length    | + 10 mm / - 5 mm |
| Width     | ± 3 mm           |
| Depth     | ± 3 mm           |

### 5.9.3. Spacing

Nominal spacing of steel turnout bearers shall be 600mm. Variation of spacing to suit turnout requirements is permitted up to a maximum of 700mm. Spacing shall not be less than 500mm

### 5.10. Fastening systems

Resilient or non-resilient fastening systems shall be selected to suit the sleeper type and in accordance with the following requirements

### 5.10.1. Non-resilient fastening assemblies

Non resilient fastening systems are only approved for use with timber sleepers.

The assembly generally consists of:

- Sleeper plates These shall be double shouldered and shall provide a nominal rail cant of 1 in 20 towards the centre of the track (except in special circumstances such as turnouts), and
- Dogspikes 2 (two) 22 mm round shank dogspikes (or approved equivalent) per sleeper plate, and
- Spring fastening spikes 2 (two) 16mm lockspikes (or approved equivalent) per sleeper plate shall be used.

**Note:** Double shouldered sleeper plates are not manufactured for 31kg/m (60lb/yard rail). On Class 5 lines where 60lb/yard rail is installed, re-punched second hand single shoulder plates shall be used if available. If not available, or where sleepers are placed at rail joints where angle fishplates are used, sleeper plates cannot be installed. In such cases, dogspikes are driven directly into the sleeper. Lockspikes are not used.

Non resilient fastening assembly components shall be designed and manufactured to conform to the appropriate Australian Standard as detailed in Table 22.

| Component   | Standard                              |
|---|---------------------------------------|
| Fastenings –<br>dogspikes (and equivalent fastenings)<br>lockspikes (and equivalent fastenings)<br>screw spikes | AS 1085.8<br>AS 1085.13<br>AS 1085.18 |
| Sleeper plates  | AS 1085.3                             |

Only approved fastenings and configurations shall be used. Approved non resilient fastenings are detailed in Appendix 1. Approved configurations are detailed in Table 24, Table 25, Table 26 and Table 27.

### 5.10.2. Resilient fastening assemblies

For timber sleepers and turnout bearers, the assembly generally consists of:

- Sleeper plates These shall be double shouldered and shall provide a nominal rail cant of 1 in 20 towards the centre of the track (except in special circumstances such as turnouts), and
- Resilient rail clips 2 (two) Pandrol clips (or approved equivalent) per sleeper plate, and
- Spring fastening spikes 4 (four) 16mm lockspikes (or approved equivalent) per sleeper plate.

For steel sleepers, the assembly generally consists of:

- Lock-in shoulders, and
- Resilient rail clips 2 (two) Trak-lok clips (or approved equivalent) per rail seat, and

- Spacers (where required), and
- Insulators (where required),

For concrete sleepers, the assembly generally consists of:

- Cast in shoulders These are integral to the design of the sleeper, and
- Resilient rail clips 2 (two) Pandrol clips (or approved equivalent) per rail seat, and Insulators, and rail seat pads.

For concrete turnout bearers, the assembly generally consists of: -

Base plates, and

 Screwspikes - 4 (four) 24mm screwspikes (or approved equivalent) per plate, and -Resilient rail clips - 2 (two) Pandrol clips (or approved equivalent) per rail.

Resilient Fastening design shall be in accordance with the requirements detailed in AS 1085.19.

Resilient fastening assembly components shall be designed and manufactured to conform to the appropriate Australian Standard as detailed in Table 23.

| Component   | Standard                               |
|---|--|
| Fastenings –<br>clips<br>lockspikes<br>screw spikes | AS 1085.19<br>AS 1085.13<br>AS 1085.18 |
| Sleeper plates                                      | AS 1085.3                              |
| Threaded Inserts                                    | AS 1085.18                             |
| Cast-in components                                  | AS 1085.19                             |

Table 23 – Australian standards for resilient fastening assemblies

Only approved fastenings and configurations shall be used. Approved resilient fastenings are detailed in Appendix 1

Approved configurations for timber sleepers and turnout bearers are detailed in Section 0.

Approved configurations for steel sleepers are detailed in Section 5.10.4

Approved configurations for concrete sleepers are detailed in Section 5.10.5.

### 5.10.3. Fastenings for timber sleepers and bearers

Standard configurations of fastening assemblies for timber sleepers and turnout bearers are detailed in Table 24, Table 25, Table 26 and Table 27. Special arrangements apply for the fastening of chairs to A and B timber bearers in turnouts. These are detailed in Table 30, Table 31 and Table 32.

| Track Class                                       | Fastening Type No.<br>per Plate/ Rail | Sleeper Plates<br>BHP Dwg. No. | Lockspikes <sup>(Note 2)</sup><br>No per Plate |
|---|---------------------------------------|--------------------------------|--|
| 1   | 2 Dogspikes (Note 1)                  | DF 30                          | 2  |
| 2   | 2 Dogspikes (Note 1)                  | DF 10                          | 2  |
| 3   | 2 Dogspikes (Note 1)                  | DF 10                          | 2  |
| 3G  |                                       | DF 30                          | 2  |
| 5 (rail size 53.<br>47, 41kg) <sup>(Note 6)</sup> | 2 Dogspikes (Note 1)                  | DF 10 (41,47kg)<br>DF 30 (53)  | 2  |
| 5 (rail size 31kg)<br>(Note 7)                    | 4 Dogspikes (Note 1)                  | Nil                            | Nil  |

#### Table 24 – Timber sleeper fastening configuration - Non Resilient - Main Lines

#### Table 25 – Timber sleeper fastening configuration - Non Resilient - Sidings

| Track Class | Fastening Type No.<br>per Plate/ Rail | Sleeper Plates<br>BHP Dwg. No. | Lockspikes <sup>(Note 2)</sup><br>No per Plate |
|-------------|---------------------------------------|--------------------------------|--|
| 1           | 2 Dogspikes (Note 1)                  | DF 30                          | 2  |
| 2           | 2 Dogspikes (Note 1)                  | DF 10                          | 2 (curves only)                                |
| 3           | 2 Dogspikes (Note 1)                  | Nil                            | Nil  |

#### Table 26 – Timber sleeper fastening configuration - Resilient – Main Lines

| Track Class  | Fastening<br>Type No.<br>per Plate/<br>Rail | Sleeper Plates<br>BHP Dwg. No. | Lockspikes <sup>(Note 2)</sup><br>No per Plate                                 |
|--|---|--------------------------------|--|
| Class 1 and 2  | 2 Resilient<br>E2003                        | DF 62 & cast<br>plates         | 4  |
| 3  | ТВА   |                                |  |
| 3G   | 2 Resilient<br>E2003                        | DF 62                          | 4  |
| ALL classes -<br>For existing installations<br>ONLY CANNOT be<br>reinstalled when sleeper<br>is replaced | 2 Resilient<br>E1853                        | Reformed plates                | 2 lockspikes + 2<br>Gauge lockspikes (or<br>approved<br>alternatives) (Note 3) |
| Turnouts in ALL classes  | 2 Resilient                                 | Appropriate<br>baseplates      | 4  |
| Transoms in ALL<br>classes   | 2 Resilient<br>E2003                        | DF 62 & cast<br>plates         | 4 (Note 4)   |
| Transoms in ALL<br>classes   | 2 Resilient                                 | Type ISP95098<br>plates        | 4 X 24mm screw<br>spikes (Note 4)  |

| Track Class                     | Fastening<br>Type No.<br>per Plate/<br>Rail | Sleeper Plates<br>BHP Dwg. No. | Lockspikes <sup>(Note 2)</sup><br>No per Plate |
|---------------------------------|---|--------------------------------|--|
| Insulated Joints in ALL classes | Low profile<br>clips e1627<br>(timber)      | DF 62                          | 4  |

#### Table 27 – Timber sleeper fastening configuration - Resilient – Sidings

| Track Class  | Fastening<br>Type No.<br>per Plate/<br>Rail | Sleeper Plates<br>BHP Dwg. No. | Lockspikes <sup>(Note 2)</sup><br>No per Plate                                 |
|--|---|--------------------------------|--|
| ALL classes  | 2 Resilient<br>E2003                        | DF 62                          | 4  |
| ALL classes -<br>For existing installations<br>ONLY CANNOT be<br>reinstalled when sleeper<br>is replaced | 2 Resilient<br>E1853                        | Reformed plates                | 2 lockspikes + 2<br>Gauge lockspikes (or<br>approved<br>alternatives) (Note 3) |
| Turnouts in ALL classes  | 2 Resilient                                 | Appropriate<br>baseplates      | 4  |

Note 1 Round shank dogspikes or approved alternative fastenings may be used. Approved alternatives are detailed in Section 5.10.7 and Appendix 1

- Note 2Lockspikes (L6) or approved alternative fastenings may be used. . Approved alternatives are detailed in Section 5.10.7 and Appendix 1
- Note 3Gauge lockspikes are approved for existing installations only and shall not be used in new installations. They CANNOT be re-installed when a sleeper is replaced.
- Note 4In track circuited areas, where one of the spikes would cause shorting to the underframe of a steel underbridge, 3 (three) screw spikes per plate may be used on curves ≥300m radius, preferably with the two screw spikes on the gauge side of the rail.
- Note 5Non resilient fastenings on transoms should be upgraded to resilient fastenings when transoms are renewed
- Note 6Double shoulder sleeper plates shall be installed where 53, 47 or 41kg/m rail has been installed on Class 5 lines.
- Note 7On Class 5 lines with 31kg/m (60lb/yard) rail, re-punched single shoulder sleeper plates shall be used if available. Otherwise sleeper plates shall not be installed and sleepers shall be cant adzed (1:20)

### 5.10.4. Fastenings for steel sleepers

Standard configurations of fastening assemblies for steel sleepers are detailed in Table 28.

#### Table 28 – Steel sleeper fastening configuration

| Sleeper Design | Fastening Type No.<br>per Plate/ Rail | Connection          |
|----------------|---------------------------------------|---------------------|
| All designs    | 2 Track-Lok                           | 2 lock-in shoulders |

#### 5.10.5. Fastenings for concrete sleepers and bearers

Resilient fastening systems shall be used with concrete sleepers and bearers.

Conforming fastening systems shall use Pandrol E-2003 clips, Fastclip or other approved alternatives.

Rail pads of nominal 7.5mm thickness for E-clip fastenings and 10mm thickness for Fastclip fastenings shall be used.

Resilient fastenings are interchangeable for 53 and 60kg rail sections.

Standard configurations of fastening assemblies for concrete sleepers and turnout bearers are detailed in Table 29.

#### Table 29 – Concrete sleeper fastening configuration

| Sleeper Design            | Fastening Type No. per Plate/Rail      |
|---------------------------|--|
| Medium Duty (Low Profile) | 2 Resilient E2003 or 2 Fastclip FC1507 |
| Heavy Duty                | 2 Resilient E2003 or 2 Fastclip FC1507 |

# 5.10.6. Resilient fastenings on welded track (LWR and CWR) on bridges

#### 5.10.6.1 Transom top steel openings with spans less than 18m (centre of bearings)

On bridges where resilient fastenings are installed, normal resilient fastenings shall be installed on the entire length of each span.

# 5.10.6.2 Transom top steel openings spans 18m long and greater, but less than 80m.

On bridges where resilient fastenings are installed, normal resilient fastenings shall be installed on one third of the span from the fixed end and Zero Load Restraint (ZLR) assemblies installed on the remaining two thirds of the span. Where spans are located on curves <400m radius, advice on fastening requirements shall be obtained from the Principal Track and Civil Engineer. Provision shall be made for play at the movable end of a bridge for the guard rail "V" to expand and contract (depending on length). This can be achieved when using MDFC concrete termination sleepers by setting the lock-in shoulders 6mm clear of the nose end rail. ZLR assemblies are used to secure the guardrail nose ends, allowing limited movement.

#### 5.10.6.3 Steel bridge spans >80m

Steel bridge spans longer than 80m should be considered for expansion switches.

On bridges where resilient fastenings are installed, normal resilient fastenings shall be installed on the entire length of each span.

### 5.10.7. Alternative and special configurations

#### 5.10.7.1 Pandrol clips at insulated joints

Special low profile pandrol clips shall be used at insulated joints in 53 & 60Kg rails to eliminate contact between clips and fishbolts.

The clips are:

- For concrete sleepers and bearers 'e'1629 or Fastclip FC1507
- For timber sleepers and bearers 'e'1627

Clearances are compromised with the low profile clips in timber bearers with type PZ 147 and type 1 baseplates. Any clips that may become foul may be removed as long as sufficient fastenings retain in place to retain gauge security.

#### 5.10.7.2 Steel sleepers at insulated joints

Use modified clip JB296 with insulation pad 2218 for steel sleepers around insulation joints. The lock in shoulder has various options depending on sleeper and rail size. Refer to sizing selection charts in CRN CM 231.

#### 5.10.7.3 Approved alternatives to dogspikes and lockspikes

The Pandrol (AJAX) Dogscrew and Lockscrew are approved alternatives to dogspikes and lockspikes respectively. They may be installed with the approval of the District Engineer.

The Dogscrew consists of a 19mm threaded shank with a 22mm shoulder below the flange. On top of the flange is a 6-lob head designed to fit an E24 drive socket.

The Lockscrew consists of a 16mm threaded shank with a flange and 6 lob head, the same as the Dogscrew. There are two types of Lockscrew:

• Small flange – for general use

 Large flange – for use with the automatic magnet pickup machine used by production gangs. This type cannot be used on rolled Pandrol plates because of the flange interferes with the rolled shoulder and does not sit flush on the plate.

#### 5.10.7.4 Resilient baseplate assemblies

Resilient baseplate assemblies may be used as an alternative to standard base plates on timber sleepers, transoms and bearers, concrete sleepers and bearers and for direct fixation track applications in the following applications:

- bridges where noise and / or vibration reduction is required,
- ballasted track where noise and / or vibration reduction is required,
- direct fixation track where noise and / or vibration reduction is required, and
- at interfaces between ballast and non-ballasted track where graded changes in track stiffness are required

Only approved designs shall be used. Approved designs are detailed in Appendix 1.

All new Resilient Baseplate assemblies shall be designed and manufactured in accordance with the requirements of CRN Engineering Specification CRN CP 237 "Resilient Baseplates".

#### 5.10.7.5 Holding down bolts for timber bearers

#### Table 30 – A & B Timber Bearer fastening configuration - New Installations

| 60kg/m steelwork | Screwspikes  |
|------------------|--|
| Other rail sizes | Holding down bolts or approved equivalent swage fastenings |

#### Table 31 – A & B Timber Bearer fastening configuration - For Repair/ Replacement

| 60kg/m steelwork | If the screwspikes are no longer able to<br>provide adequate grip or if timber quality<br>is suspect use holding down bolts or<br>approved equivalent swage fastenings |
|------------------|--|
| Other rail sizes | Holding down bolts or approved equivalent swage fastenings   |

#### Table 32 – A & B Timber Bearer fastening configuration - For non-interlocked points

| All rail sizes | Screwspikes |
|----------------|-------------|
|----------------|-------------|

#### 5.10.7.6 Zero Load Restraint (ZLR) assemblies

Zero Load Restraint assemblies allow longitudinal rail movement whilst retaining gauge and limiting upward movement of the rail. They shall be used in accordance with Section 5.10.6. Approved designs are listed in Table 33 and detailed in Appendix 1.

When used in conjunction with resilient baseplate assemblies, special configurations are required to fit the dimensional restrictions of the baseplate.

| Configuration type   | Assembly                             | Components   |
|--|--------------------------------------|--|
| Standard baseplates<br>(with lockspikes or<br>screwspikes) | Pandrol PMP 41027<br>for AS60kg rail | ZLR Cap 41027 Clip e2079   |
| Alternative 1 resilient baseplates                         | Pandrol 12730 for<br>AS60kg rail     | ZLR Cap 12731 Clip<br>e2079<br>Insulator IN55088<br>5 mm Rail Pad RP-65026 |
| "Delkor Egg" resilient baseplates                          | Pandrol 12730 for<br>AS60kg rail     | ZLR Cap 12731 Clip<br>e2079<br>Insulator IN55088<br>5 mm Rail Pad RP-65026 |

#### Table 33 – Zero Load Restraint assemblies

# 6. Prohibited configurations

The following configurations are not permitted for permanent works on CRN trackwork:-

- Non-resilient fastening systems with 60kg/m rail
- Non-resilient fastening systems with concrete sleepers or steel sleepers
- Steel sleepers mixed with concrete sleepers
- Resilient and non-resilient fastenings on the same sleeper
- Resilient fastenings on more than 1 in 3 sleepers in LWR track (unless a management strategy has been approved by the Principal Track and Civil Engineer in accordance with the requirements detailed in Section 7.)

## 7. Mixed configurations

There are some limitations and special requirements when configurations are mixed. They are applicable to existing track on the CRN network ONLY.

### 7.1. Mixing concrete and timber sleepers

Concrete sleepers may be interspersed with timber sleepers in accordance with the following guidelines. Interspersing:

- must be part of an approved line strategy, not ad hoc
- may only be used with Medium Duty sleepers, and on line sections where medium duty sleepers may be used
- must lead eventually to 100% concrete
- may be installed to a standard pattern of 1:2, 1:3 or 1:4 but with variation of one sleeper position to suit local conditions
- whole curves shall be resleepered and reasonable lengths of tangent track should be done to a consistent pattern
- is not suitable for jointed track beyond the limits detailed in Section 7.3.1 for timber sleepers.
- may be used in patterns of 1:3 and 1:4 in poor ballast conditions, but more than this may only be used in track where design concrete sleeper ballast depth is achieved and ballast is free draining.

### 7.2. Mixing steel and timber sleepers

Steel sleepers may be interspersed with timber sleepers in accordance with the following requirements:

Minimum tie patterns are detailed in Table 34. Denser tie patterns may be used to address sleeper fatigue and fastening failure issues.

| Track<br>Class | Curvature -<br>MGT/year | Curvature -<br>< 400m<br>Radius | Curvature -<br><600m<br>radius | Curvature -<br>>600m radius &<br>tangent track |
|----------------|-------------------------|---------------------------------|--------------------------------|--|
| 1              |                         | 1 in 4 (Note 2)                 | 1 in 4                         | 1 in 4 <sup>(Note 3)</sup>                     |
| 2              | ≥ 2                     | 1 in 4                          | 1 in 4                         | 1 in 4 <sup>(Note 3)</sup>                     |
| 2              | <2                      | 1 in 4                          | 1 in 6                         | 1 in 6   |
| 3, 5           |                         | 1 in 4                          | 1 in 6                         | 1 in 6   |

 Table 34 – Minimum Tie Patterns for steel sleepers in timber sleepered track

Note 1: A variation in the tie placement of one sleeper is still considered to be to pattern as long as the pattern is generally maintained (e.g. 1 in 4 would allow odd sleepers to be 3rd or 5th sleeper) excepting that clumping should be avoided.

- Note 2: Steel sleepers not recommended. Concrete sleepers preferred as they provide better lateral stability. If steel sleepers are installed, use a denser tie pattern.
- Note 3: may be extended to 1 in 6 if sleeper condition permits.

When undertaking planned PRS sleeper replacement shall be planned to meet "clumping requirements detailed in Table 35

| Track<br>Class | General Steel<br>Sleeper Pattern | 2 together      | ≥3 together |
|----------------|----------------------------------|-----------------|-------------|
| 1, 2           | 1 in 2                           | Permitted       | Permitted   |
| 1, 2           | 1 in ≥3                          | Not recommended | Prohibited  |
| 3,3G           | 1 in 2                           | Permitted       | Permitted   |
| 3,3G           | 1 in ≥3                          | Permitted       | Prohibited  |
| 5              | 1 in ≥2                          | Permitted       | Permitted   |
| Sidings        | 1 in ≥2                          | Permitted       | Permitted   |

#### Table 35 – Clumping" of steel sleepers

Where face renewal is normal practice at special locations such as level crossings, this practice is exempt from clumping requirements.

Single sleepers may be installed as required

A track length is considered "face resleepered" (not clumped) when the rail length with 100% steel sleepers reaches 110m on straights or the full curve (TP to TP) in curved track.

This also applies to shorter lengths of face resleepering on "whole" structures e.g. ballast top bridges and level crossings.

### 7.3. Mixing resilient and non-resilient fastenings

### 7.3.1. In track with Loose Rail

There are no restrictions on the installation of resilient fastened timber or steel sleepers mixed with non-resilient fastened timber sleepers in track with loose rail.

### 7.3.2. In LWR track

Sleepers with resilient fastenings must NOT be interspersed with timber sleepers with nonresilient fastenings in LWR where this would result in them being more frequent than 1 in 3 unless a management strategy has been approved by the Principal Track and Civil Engineer in accordance with the following guidelines.

- Where sleeper installation is part of a PRS program, rail adjustment of the rail section (110m minimum) shall be checked and corrected. Consideration should be given to conversion of LWR to CWR in these circumstances.
- Before achieving an average pattern of 1 in 2 resilient fastenings the rail length shall be converted to CWR.

- Where individual sleepers are being installed to replace failed sleepers, free up rail stresses in the local area by releasing adjacent non-resilient fastenings and anchors and destressing the rail (see CRN Engineering Manual CRN CM 223 "Rail Adjustment for method"). This should be done at Rail Neutral Temperature.
- Record locations so they are identified for special attention during Track Examination and Welded Track Stability Analysis
- Apply additional controls e.g. extra ballast, additional anchors etc., Reduce other Welded Track Stability issues to a minimum. See CRN Engineering Manual CRN CM 211 "Track Geometry and Stability" for guidance.

### 7.3.3. In CWR track

- Timber sleepers with resilient fastenings may only be interspersed with timber sleepers with non-resilient fastenings in CWR track where they are in accordance with a specific strategy and provided a consistent tie pattern is maintained (e.g. 1 in 2, 1 in 3 etc.).
- Where backcanting is evident in timber sleepers with non-resilient fastenings, replacement with -resilient fastenings shall meet the minimum tie patterns detailed in Table 36 to avoid clip breakage:

| Tie Pattern | Limit of backcanting<br>(mm) - DS Plates | Limit of backcanting (mm)<br>- Resilient Plates |
|-------------|--|---|
| 1 in 3      | 3  | 5   |
| 1 in 2      | 6  | 10  |

#### Table 36 – Minimum resilient fastening patterns in backcanted track

Where backcanting is  $\geq$  8mm, complete renewal in resilient fastenings may be required to prevent clip breakage.

# 8. Changing configurations

The following configurations are not desirable. Renewal strategies should be directed to their elimination:

- Timber sleepers on curves < 400m radius on CWR track
- Steel sleepers on curves <400m radius on CWR track
- Non--resilient fastenings in timber sleepers on CWR track
- Resilient fastened track on transom topped steel bridges with spans >18m that does not meet the requirements of Section 5.10.6 relating to the installation of Zero Load Restraint fastenings.
## 9. Acceptance standards

## 9.1. General

Acceptance standards for condition and installation of sleepers, bearers and fastenings shall be as detailed in Sections 5, 6 and 7. The following additional requirements apply.

## 9.2. Sleeper plates

Acceptance Standards for re-use of sleeper plates shall be as follows

- DO NOT use reformed pandrol plates, old pattern plates or single shoulder plates
- DO NOT use any sleeper plates with evidence of excessive corrosion, notch marks or oxyacetylene burn marks on the rail seat, shoulder or at spike holes.
- DO NOT use any sleeper plates with shoulders that are worn to a sharp edge.
- DO NOT use any sleeper plates with cracks
- DO NOT use any sleeper plates with plate underside concavity or convexity greater than 1mm.
- DO NOT use any sleeper plates with lockspike holes wider than 19 mm at bottom surface.
- DO NOT use any sleeper plates with dogspike holes wider than 25.5 mm at bottom surface.
- DO NOT use any sleeper plates with rail seat width greater than 150 (+1) mm.

## 9.3. Installation of steel sleepers

All sleepers in the area covered by a steel sleeper installation program shall be resurfaced at the completion of the installation process. This includes new and existing steel and timber sleepers.

Following resurfacing

- the height of the ballast in the sleeper pods shall be such that the gap between the underside of the sleeper deck and the ballast in the sleeper pod shall be ≤ 25mm.
- The ballast within the sleeper shall be "tight"
- Deflection of steel and timber sleepers under normal traffic loadings should be consistent and no more than 5mm,
- There should be no cyclic top or line in evidence

The method of measurement is detailed in CRN CM 231

The ballast profile for steel sleepers shall meet the minimum standards in CRN Engineering Standard CRN CS 240 "Ballast". Extra ballast may be placed on the outside of the sleeper ends but shall be no higher than the superelevated rail height.

Track geometry shall comply with the geometry maintenance limits specified CRN Engineering Standard CRN CS 210 "Track Geometry and Stability".

## 10. Repair standards

## **10.1.** Timber sleepers and bearers

Timber sleepers and bearers may be cross-bored (once only on each side of each rail) if they are otherwise sound

## **10.2.** Concrete sleepers

Cast in-situ shoulders may be replaced using an approved process. Approved processes are detailed in Appendix 2.

## 10.3. Fastenings

Sleeper fastening components may be repaired using an approved process. Approved processes are detailed in Appendix 2

# A.1. Appendix 1 Approved sleeper and fastening products

Approvals for products (Appendix 1) and repair processes (Appendix 2) are dependent on both the manufacturer and supplier. If either changes, the product approval may no longer be valid. Seek advice from the Principal Track and Civil Engineer.

Product Approval Numbers are shown for all products approved by UGLRL CRN. Other products listed were approved for use on CRN prior to January 2012 and have been accepted by UGLRL CRN.

| Product      | Common    | Description  | Standard/              | Manufacturer/                   |
|--------------|-----------|--|------------------------|---------------------------------|
| Approval No. | Item Name |  | Drawing                | Supplier                        |
|              | Dogspike  | Spike, track;<br>round shank;<br>22mm shank dia;<br>119mm long;<br>forged; steel<br>(dogspike) | AS 1085.8<br>CV0046205 | Greg Sewell<br>Forgings<br>ARSC |

#### Non-Resilient Fastenings

| Product<br>Approval No. | Common<br>Item Name | Description  | Standard/<br>Drawing                                  | Manufacturer/<br>Supplier       |
|-------------------------|---------------------|--|---|---------------------------------|
|                         | Dogspike            | Spike, track;<br>round shank;<br>22mm shank dia;<br>119mm long;<br>forged; steel<br>(dogspike)   | AS 1085.8<br>Dwg<br>CV0046205                         | Greg Sewell<br>Forgings<br>ARSC |
|                         | Dogspike            | Spike, track;<br>round shank;<br>22mm shank dia;<br>119mm long;<br>forged; steel<br>(dogspike)   | AS 1085.8<br>Dwg<br>CV0046205                         | Greg Sewell<br>Forgings         |
|                         | Gauge<br>Lockspike  | Spike, track,<br>square shank<br>lock type L6,<br>XS1070   | AS 1085.13  | Greg Sewell<br>Forgings         |
|                         | Lockspike           | Spike, track,<br>square shank<br>lock type L1, ,<br>XS1070   | AS 1085.13  | Greg Sewell<br>Forgings         |
|                         | Dogscrew            | DogScrew 22mm<br>Shouldered;<br>9mm<br>Thick Flange;<br>Galvanised   | Ajax<br>Fasteners<br>Dwg No<br>SRSG19.135<br>19/10/04 | Cold Forge<br>Pandrol           |
|                         | Lockscrew           | LockScrew<br>16mm;<br>Galvanised   | Ajax<br>Fasteners<br>Dwg No<br>TLSB16.125<br>10/11/03 | Cold Forge<br>Pandrol           |
|                         | Screw spike         | Spike, track<br>Screw spike;<br>27mm dia<br>165mm long. For<br>timber,<br>galvanized   | AS 1085.18<br>Dwg<br>CV0024139<br>or<br>205A-374      | Cold Forge                      |
|                         | Screw spike         | Spike, track<br>Screw spike;<br>24mm dia;<br>122mm long;<br>galv; For half<br>polymer/concrete<br>sleepers and<br>90mm nylon<br>insert; galvanized<br>to as 1214 | SRA Dwg<br>885-067b or<br>Delkor Dwg<br>HSR-602e      | Cold Forge                      |

| Product<br>Approval No. | Common<br>Item Name | Description  | Standard/<br>Drawing                              | Manufacturer/<br>Supplier |
|-------------------------|---------------------|--|---|---------------------------|
|                         | Screw spike         | Spike, track<br>Screw spike;<br>24mm dia;<br>165mm long;<br>galv; For<br>concrete<br>sleepers;<br>Galvanized to AS<br>1214                 | SRA W&W<br>205a-381b or<br>Delkor Dwg<br>HSR-602d | Cold Forge                |
|                         | Screw spike         | Spike, track<br>Screw spike;<br>24mm dia   |   | Cold Forge                |
|                         | Washer, lock        | 25mm ID; 46mm<br>OD; 6mm thick;<br>high tension<br>double helical<br>spring type;fe6;<br>Galvanized to AS<br>1214                          | Delkor Dwg<br>DSW - 01                            | Cold Forge                |
|                         | Screw spike         | Spike, track<br>Screw spike;<br>22mm dia;<br>150mm long;<br>galv; For timber<br>sleepers; city<br>underground;<br>Galvanized to AS<br>1214 | RSA Consult.<br>Dwg 885-<br>066b                  | Cold Forge                |

#### **Resilient Fastenings**

| Product<br>Approval No. | Common<br>Item Name  | Description   | Standard/<br>Drawing                | Manufacturer/<br>Supplier |
|-------------------------|----------------------|---|-------------------------------------|---------------------------|
| CRN 018                 | Track-Lok II<br>Clip | Track-Lok II – for<br>use with steel<br>sleepers Part No.<br>B296                 | Dwg 2116-<br>14A or CRN<br>CC000044 | Liberty<br>Onesteel       |
| CRN 018                 | Track-Lok II<br>Clip | Track-Lok II – for<br>use with steel<br>sleepers at BIJs<br>Part No. JB296        | Dwg 2118-2A<br>or CRN<br>CC000291   | Liberty<br>Onesteel       |
| CRN 018                 | Lock in<br>shoulder  | Track-Lok II – for<br>use with steel<br>sleepers Part<br>No.2406 / 2410 /<br>2411 | Dwg 2410-8<br>or CRN<br>CC000046    | Liberty<br>Onesteel       |

| Product<br>Approval No. | Common<br>Item Name      | Description   | Standard/<br>Drawing                | Manufacturer/<br>Supplier |
|-------------------------|--------------------------|---|-------------------------------------|---------------------------|
| CRN 018                 | Lock in<br>shoulder      | Track-Lok II - for<br>use with steel<br>sleepers Part<br>No.2408                                | Dwg 2408-<br>10B or CRN<br>CC000074 | Liberty<br>Onesteel       |
| CRN 018                 | Lock in<br>shoulder      | Track-Lok II – for<br>use with steel<br>sleepers Part<br>No. 2409                               | Dwg 2409-<br>10B or CRN<br>CC000045 | Liberty<br>Onesteel       |
| CRN 018                 | Lock in<br>shoulder      | Track-Lok II – for<br>use with steel<br>sleepers Part<br>No. 2425                               | Dwg 2425-1B<br>or CRN<br>CC000284   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2509   | Dwg 2509-2B<br>or CRN<br>CC000048   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2518   | Dwg 2518-0A<br>or CRN<br>CC000289   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2519   | Dwg 2519-0A<br>or CRN<br>CC000290   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2528   | Dwg 2528-3B<br>or CRN<br>CC000287   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2545   | Dwg 2545-0B<br>or CRN<br>CC000050   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2552<br>(gauge side),<br>Part No. 2551<br>(field side)       | Dwg 2551-3B<br>or CRN<br>CC000052   | Liberty<br>Onesteel       |
| CRN 018                 | Steel sleeper<br>spacers | Track-Lok<br>spacers - Part<br>No. 2554<br>(gauge side),<br>Part No. 2553<br>(field side)       | Dwg 2553-0B<br>or CRN<br>CC000051   | Liberty<br>Onesteel       |
|                         | Pandrol Clip E<br>series | Rail clip Type<br>e2003; 20 mm<br>dia; 106 mm l;<br>103 mm w;<br>material XK<br>9261b; AS 1444; | Dwg e-21027                         | Pandrol                   |

| Product<br>Approval No. | Common<br>Item Name                                 | Description  | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|-------------------------|---|--|----------------------|---------------------------|
|                         | Pandrol Clip E<br>series                            | Rail clip E1600<br>series; timber<br>sleeper insulated<br>Joints; painted<br>red; 16 mm dia;<br>100 mm l; 85 mm<br>w; type e1627                               | Dwg e16-<br>20002    | Pandrol                   |
|                         | Pandrol Clip E<br>series                            | Rail clip E1600<br>series; concrete<br>insulated Joints;<br>painted blue; 16<br>mm dia; 100 mm<br>l; 85 mm w; type<br>e1629                                    | Dwg e16-<br>20021    | Pandrol                   |
|                         | Pandrol Clip E<br>series                            | Rail clip E1829<br>series;18mm<br>dia;98mm<br>lg;90mm w;<br>52.5mm 47mm<br>heel;54mm<br>toe; steel; black;<br>(non insulated<br>joints on timber<br>sleepers); | Dwg e18-<br>20002    | Pandrol                   |
|                         | Pandrol Clip E<br>series                            | Rail clip e2079<br>series; 20mm<br>dia;<br>106mm l; 102.5<br>mm w; material<br>XK<br>9261b; AS 1444  | Dwg e-21108          | Pandrol                   |
|                         | Pandrol Zero<br>Load<br>Restraint<br>(ZLR)<br>Plate | Zero Load<br>Restraint Plate<br>41027 to suit<br>60kg rolled steel<br>sleeper plate and<br>e2079clip.  | PMP-41027            | Pandrol                   |
|                         | Pandrol Zero<br>Load<br>Restraint<br>(ZLR)<br>Cap   | Plate, ZLR Cap<br>12731 to suit<br>60kg Delkor<br>Cologne Egg  | Pandrol<br>12730     | Pandrol                   |

| Product<br>Approval No. | Common<br>Item Name      | Description   | Standard/<br>Drawing                   | Manufacturer/<br>Supplier |
|-------------------------|--------------------------|---|--|---------------------------|
|                         | Fastclip<br>FC1507       | Pandrol fastclip;<br>type FC1507;<br>silicomanganese<br>spring steel<br>XK9261b with<br>plastic toe   | Pandrol FC<br>1507 and<br>Pandrol 8494 | Pandrol                   |
|                         | Fastclip type<br>FC1509  | insulator<br>Pandrol fastclip;<br>type FC1509;<br>silicomanganese<br>spring steel<br>XK9261b with<br>toe insulator<br>10293 (white)<br>and Sidepost<br>Insulator 10292<br>(white) | Dwg No<br>10291                        | Pandrol                   |
|                         | Sliding<br>shoulder head | For concrete<br>guard rail<br>sleepers; e-clip<br>fastening<br>(multilok system);<br>to suit 4760kg<br>rail   | Amatek<br>Rocla Dwg<br>SSP 1456        | Pandrol                   |
|                         | Rail clip,<br>railway    | Track; tunnel<br>clips;<br>scheridised;   |  | Pandrol                   |
|                         | Rail Clip,<br>Railway    | 'A' Clip for<br>guardrails, SG<br>Iron  | Delkor<br>S.85.745                     | Pandrol                   |

#### **Pads and Insulators**

| Product<br>Approval<br>No. | Common<br>Item Name                               | Description  | Standard/<br>Drawing                   | Manufacturer/<br>Supplier |
|----------------------------|---|--|--|---------------------------|
| CRN 018                    | Rail<br>Insulated<br>pad for<br>steel<br>sleepers | Track-Lok insulators –<br>Part No. 2212                      | Dwg 2211-<br>10A or<br>CRN<br>CC000054 | Liberty<br>Onesteel       |
| CRN 018                    | Rail<br>Insulated<br>pad for<br>steel<br>sleepers | Track-Lok insulators –<br>for use with BIJs Part<br>No. 2218 | Dwg 2217-<br>8A or CRN<br>CC000288     | Liberty<br>Onesteel       |

| Product<br>Approval<br>No. | Common<br>Item Name                           | Description   | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|----------------------------|---|---|----------------------|---------------------------|
|                            | Rail<br>Insulator                             | Insulator, rail 2 piece:<br>composite insulator in-<br>55058 with a slope of 1<br>in 45; including cover<br>Plate in-55057;125mm<br>long x 54mm w; 53/60kg<br>rail; | Pandrol In-<br>55061 | Pandrol                   |
|                            | Insulator,<br>rail,<br>concrete<br>sleeper    | Glass reinforced nylon<br>insulator ;for use with<br>concrete sleeper having<br>pandrol eclip<br>fastenings;to suit<br>53/60kg rails                                | Pandrol In-<br>55088 | Pandrol                   |
|                            | Rail<br>Insulator                             | Insulator, rail, concrete<br>sleeper Dual function<br>spacer/insulator for use<br>with 47kg rail in 60kg rail<br>seat;glass reinforced<br>nylon;                    |                      | Pandrol                   |
|                            | Rail<br>Insulator                             | G.R.H. Insulator to suit<br>insulated joint<br>Assemblies; 108mm<br>long x 40mm w x<br>20mm h; 53/60kg rail;  | Pandrol In-<br>55186 | Pandrol                   |
|                            | Rail<br>Insulator<br>side<br>post<br>Fastclip | Pandrol side post<br>insulator type 7551; for<br>use with concrete<br>sleeper having Pandrol<br>Fastclip fastenings   | Pandrol<br>7551      | Pandrol                   |
|                            | Rail<br>Insulator<br>toe Fastclip             | Pandrol toe insulator<br>type 8494;for use with<br>concrete sleeper having<br>Pandrol Fastclip<br>fastenings  | Pandrol<br>8494      | Pandrol                   |
|                            | Rail<br>Insulator                             | Heavy duty insulator<br>assembly type hda2;<br>8mm pad x 110mmw;  | Pandrol In-<br>55185 | Pandrol                   |
|                            | Rail pad                                      | Rail pad, railway<br>Fabreeka/rubber;190mm<br>Ig x 170mm w x 7mm<br>thk   |                      | Pandrol                   |

| Product<br>Approval<br>No. | Common<br>Item Name  | Description  | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|----------------------------|----------------------|--|----------------------|---------------------------|
|                            | Rail pad             | Grooved;HDPE<br>plastic;180mm w x<br>186mm lg x 7.5mm thk;   |                      | Pandrol                   |
|                            |                      | black; for<br>53/60kg rail/ concrete<br>sleeper;   |                      |                           |
|                            | Rail pad             | 163mm wide x 180mm<br>long x 7.5mm<br>thick; HDPE.; Used with<br>53kg and 60kg rails                         | Pandrol<br>RP-65184C | Pandrol                   |
|                            | Rail pad             | 190mm wide x 190mm<br>long x 5mm thick;<br>H.D.P.E.; Used with<br>53kg and 60kg rails                        | Pandrol<br>RP-65026  | Pandrol                   |
|                            | Rail pad             | Pandrol HDPE rail pad;<br>type 8853; for use with<br>concrete sleeper having<br>pandrol e-clip fastenings    | Pandrol<br>8853      | Pandrol                   |
|                            | Rail pad<br>Fastclip | Pandrol HDPE rail<br>pad;type 9154;for use<br>with concrete sleeper<br>having pandrol fastclip<br>fastenings | Pandrol<br>9154      | Pandrol                   |

#### **Sleeper plates**

| Product<br>Approval<br>No. | Common<br>Item Name            | Description   | Standard/<br>Drawing         | Manufacturer/<br>Supplier     |
|----------------------------|--------------------------------|---|------------------------------|-------------------------------|
|                            | Sleeper<br>Plate<br>Screwspike | Screw spike; clip type;<br>146mm rail base; 1 in 20<br>cant; cat no 086s; | Pandrol<br>isp95086          | Pandrol<br>Cold Forge<br>ARSC |
|                            | Sleeper<br>Plate Clip<br>type  | Clip type; 4hole; 146mm<br>rail base; 1 in 20 cant;<br>cat no 486;        | Pandrol<br>ISP95486          | Pandrol<br>Cold Forge<br>ARSC |
|                            | Sleeper<br>Plate<br>dogspike   | Double shoulder type;<br>127 mm rail base; 1 in<br>20 cant; Cat no 430;   | BHP 2705<br>127dstb-<br>df10 | Pandrol<br>Cold Forge<br>ARSC |
|                            | Sleeper<br>Plate<br>dogspike   | Double shoulder type;<br>146mm rail base; 1 in 20<br>cant; cat no 420;    | BHP 2706<br>146dstb-<br>df30 | Pandrol<br>Cold Forge<br>ARSC |

| Product<br>Approval<br>No. | Common<br>Item Name                            | Description  | Standard/<br>Drawing          | Manufacturer/<br>Supplier     |
|----------------------------|--|--|-------------------------------|-------------------------------|
|                            | Sleeper<br>Plate Clip<br>type                  | Clip type; 6hole; 127mm<br>rail base; 1 in 20 cant;  | Pandrol isp-<br>95064         | Pandrol<br>Cold Forge<br>ARSC |
|                            | Sleeper<br>Plate<br>Screwspike                 | Screw spike; clip type;<br>148mm Rail base; 1 in<br>20 cant; cat no 054  | Pandrol<br>ISP95054           | Pandrol<br>Cold Forge<br>ARSC |
|                            | Sleeper<br>Plate Clip<br>type                  | Screwspike clip type;<br>148mm rail base; 1 in 20<br>cant; cat no 098s; bridge<br>type;  | Pandrol<br>ISP95098           | Pandrol<br>Coldforge<br>ARSC  |
|                            | Sleeper<br>Plate<br>Clouth<br>alternative<br>1 | Clouth alternative 1;<br>60kg rail; cast<br>Ironrubber; sound<br>damping, double<br>Shouldered<br>1:20 cant, end holes at<br>130mm centres | Delkor RF<br>0. 02 192<br>CLA | Delkor                        |
|                            | Sleeper<br>Plate<br>Clouth<br>alternative<br>1 | Clouth alternative 1;<br>60kg rail; cast<br>Ironrubber; sound<br>dumping, double<br>Shouldered<br>1:20 cant, end holes at<br>95mm centres  | Delkor RF<br>0.10.092<br>CL   | Delkor                        |
|                            | Sleeper<br>Plate<br>Clouth<br>alternative<br>1 | Clouth alternative 1;<br>60kg rail; cast<br>Ironrubber; sound<br>damping, double<br>Shouldered<br>1:20 cant, side holes                    | Delkor RF<br>0.29.092<br>CLA  | Delkor                        |

#### **Timber Sleepers**

| Product<br>Approval<br>No. | Common<br>Item Name | Description  | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|----------------------------|---------------------|--|----------------------|---------------------------|
|                            | Timber<br>Sleeper   | Sleeper, railway Timber;<br>unbored;                       | AS 3818.2            |                           |
|                            |                     | 230mm x 130mm x<br>2440mm ironbark or<br>approved hardwood |                      |                           |

| Product<br>Approval<br>No. | Common<br>Item Name | Description  | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|----------------------------|---------------------|--|----------------------|---------------------------|
|                            | Timber<br>Sleeper   | Sleeper, railway Timber;<br>230mm x  | AS 3818.2            |                           |
|                            |                     | 130mm x 2440mm lg;<br>bored 47kg/80lb<br>AS "A"; ironbark or                           |                      |                           |
|                            |                     | approved hardwood  |                      |                           |
|                            | Timber<br>Sleeper   | Sleeper, railway Timber;<br>230mm x  | AS 3818.2            |                           |
|                            |                     | 130mm x 2440mm;<br>Bored; 53kg new<br>pattern; Ironbark or<br>approved hardwood        |                      |                           |
|                            | Timber<br>Sleeper   | Sleeper, railway Timber;<br>230mm x 130mm x<br>2440mm; Bored for<br>Pandrol fastenings | AS 3818.2            |                           |
|                            | Timber<br>Sleeper   | Timber, Dog Screw, new<br>pattern, 230mm x<br>130mm x 2440mm,<br>Bored                 | AS 3818.2            |                           |
|                            | Timber<br>Sleeper   | Timber, Dog Screw,<br>Pandrol pattern, 230mm<br>x 130mm x 2440mm,<br>Bored             | AS 3818.2            |                           |

#### **Steel Sleepers**

| Product<br>Approval<br>No. | Common<br>Item Name                 | Description   | Standard/<br>Drawing                                | Manufacturer/<br>Supplier |
|----------------------------|-------------------------------------|---|---|---------------------------|
| CRN 018                    | M7.5 Non-<br>insulated<br>(AS47)    | Steel – 7.5mm thick<br>1435mm gauge Non-<br>insulated Track Lok II<br>fastening system – Part<br>No. 7.5SG12105TSS<br>(NSW) | AS 1085.17<br>Dwg<br>12105-2A<br>or CRN<br>CC000286 | Liberty<br>Onesteel       |
| CRN 018                    | M7.5<br>Non-<br>insulated<br>(AS53) | Steel – 7.5mm thick<br>1435mm gauge Non-<br>insulated Track Lok II<br>fastening system – Part<br>No. 7.5SG2072TSS<br>(NSW)  | AS 1085.17<br>Dwg 2072<br>4A or CRN<br>CC000060     | Liberty<br>Onesteel       |

| Product<br>Approval<br>No. | Common<br>Item Name                | Description   | Standard/<br>Drawing                                   | Manufacturer/<br>Supplier |
|----------------------------|------------------------------------|---|--|---------------------------|
| CRN 018                    | M8.5 Non-<br>insulated<br>(AS53)   | Steel - – 8.5mm thick<br>1435mm gauge Non-<br>insulated Track Lok II<br>fastening system – Part<br>No. 8.512142TSS<br>(NSW) | AS 1085.17<br>Dwg<br>12142-1A<br>or CRN<br>CC000061    | Liberty<br>Onesteel       |
| CRN 018                    | M8.5<br>Insulated<br>(AS53)        | Steel - – 8.5mm thick<br>1435mm gauge<br>Insulated Track Lok II<br>fastening system – Part<br>No. 8.5SG12125TSS<br>(NSW)    | AS 1085.17<br>Dwg<br>12125-1A<br>or<br>CRN<br>CC000062 | Liberty<br>Onesteel       |
| CRN 018                    | M10<br>Non-<br>insulated<br>(AS60) | Steel - 10mm thick<br>1435mm gauge<br>Noninsulated Track Lok<br>II fastening system –<br>Part No.<br>10SG12126TSS (NSW)     | AS 1085.17<br>Dwg<br>12126-1A<br>or CRN<br>CC000063    | Liberty<br>Onesteel       |
| CRN 018                    | M10<br>Insulated<br>(AS53)         | Steel - 10mm thick<br>1435mm gauge<br>Insulated Track Lok II<br>fastening system – Part<br>No. 10SG12195TSS<br>(NSW)        | AS 1085.17<br>Dwg<br>12195-1A<br>or CRN<br>CC000064    | Liberty<br>Onesteel       |

#### **Concrete Sleepers**

| Product<br>Approval<br>No. | Common Item<br>Name   | Description  | Standard/<br>Drawing       | Manufacturer/<br>Supplier |
|----------------------------|---|--|----------------------------|---------------------------|
|                            | Concrete<br>Sleeper<br>Medium Duty<br>Fastclip<br>(MDFC), 25T | Concrete; Medium<br>duty low profile 25t<br>axle load; Pandrol<br>Fastclip fastening<br>system; mass 232kg | AS<br>1085.14<br>Dwg 91750 | Rocla                     |
|                            | Concrete<br>SleeperMedium<br>Duty E-clip<br>(MDEC), 25T       | Concrete; Medium<br>duty low profile 25t<br>axle load; Pandrol<br>e2003 fastening<br>system; mass 232kg    | AS<br>1085.14<br>Dwg 90744 | Rocla                     |
|                            | Concrete<br>Sleeper Heavy<br>Duty E-clip<br>(HDEC), 30T       | Concrete;Heavy Duty<br>Type 5 30t axle load;<br>Pandrol e-clip<br>fastening system;<br>mass 285kg;         | AS<br>1085.14<br>Dwg 90699 | Rocla                     |

| Product<br>Approval<br>No. | Common Item<br>Name   | Description   | Standard/<br>Drawing                 | Manufacturer/<br>Supplier |
|----------------------------|---|---|--------------------------------------|---------------------------|
|                            | Concrete<br>Sleeper<br>Heavy Duty<br>Fastclip<br>(HDFC), 30T                              | Concrete; Heavy Duty<br>30t axle load; Pandrol<br>Fastclip fastening<br>system; mass 285kg  | AS<br>1085.14<br>Dwg 91749           | Rocla                     |
|                            | Concrete<br>Sleeper Type<br>6M 30t E-clip   | Concrete; Type 6M<br>30t axle load; 20 wire<br>Pattern; Pandrol<br>e2003 fastening<br>system; (mass<br>275kg);  | AS<br>1085.14                        | Rocla                     |
|                            | Concrete<br>Sleeper track<br>circuit Fastclip   | Concrete; track circuit<br>sleeper; Medium duty<br>25t axle load; Pandrol<br>Fastclip fastening   | AS<br>1085.14                        | Rocla                     |
|                            | Concrete<br>Sleeper Heavy<br>Duty E-clip<br>(HDEC), 30T                                   | Concrete;Heavy Duty<br>30t axle load; Pandrol<br>e-clip fastening<br>system; mass 285kg;  | AS<br>1085.14<br>Dwg 217-<br>20S-E-C | Austrak                   |
|                            | Concrete<br>Sleeper Heavy<br>Duty Fastclip<br>(HDFC), 30T                                 | Concrete; Heavy Duty<br>30t axle load; Pandrol<br>Fastclip fastening<br>system; mass 285kg  | AS<br>1085.14<br>Dwg 217-<br>20S-F-C | Austrak                   |
|                            | Concrete<br>Guardrail<br>Sleeper Heavy<br>Duty E-clip<br>(HDEC) 30T<br>No.1 to No. 6      | Concrete, Heavy Duty<br>E-clip Guardrail<br>sleeper, GR1 to GR6,<br>30T axle load,<br>Pandrol E-clip<br>fastening system  | AS<br>1085.14<br>Dwg 91935           | Rocla                     |
|                            | Concrete<br>Guardrail<br>Sleeper<br>Medium Duty<br>E-clip (MDEC)<br>25T No. 1 to<br>No. 6 | Concrete, Medium<br>Duty E-clip Guardrail<br>sleeper, GR1 to GR6,<br>25T axle load,<br>Pandrol E-clip<br>fastening system   | AS<br>1085.14<br>Dwg 91933           | Rocla                     |
|                            | Concrete<br>Guardrail<br>Sleeper Heavy<br>Duty Fastclip<br>(HDFC) 30T<br>No. 1 to No. 6   | Concrete, Heavy Duty<br>Fastclip Guardrail<br>sleeper, GR1 to GR6,<br>30T axle load,<br>Pandrol E-clip<br>fastening on guardrail<br>and fastclip on<br>running rail | AS<br>1085.14<br>Dwg 91936           | Rocla                     |

| Product<br>Approval<br>No. | Common Item<br>Name   | Description   | Standard/<br>Drawing  | Manufacturer/<br>Supplier |
|----------------------------|---|---|---|---------------------------|
|                            | Concrete<br>Guardrail<br>Sleeper<br>Medium Duty<br>Fastclip<br>(MDFC) 25T<br>No. 1 to No. 6 | Concrete, Medium<br>Duty Fastclip<br>Guardrail sleeper,<br>GR1 to GR6, 25T<br>axle load, Pandrol E-<br>clip fastening on<br>guardrail and fastclip<br>on running rail | AS<br>1085.14<br>Dwg 91934  | Rocla                     |
|                            | Concrete<br>bearer  | Concrete bearer,<br>FLAT 1, 30T, 8<br>ferrules cast in for<br>cant reducing sleeper<br>plates   | AS<br>1085.14<br>Dwg 785-<br>576                                      | Rocla                     |
|                            | Concrete<br>Guardrail<br>Bearer   | Concrete Guardrail<br>Bearer, Type AGR1<br>to AGR7 for<br>"Alternative 1" sleeper<br>plates under running<br>rail, 'A' clips hold the<br>guardrail                    | AS<br>1085.14<br>Dwg 785-<br>030 / 785-<br>031                        | Rocla                     |
|                            | Concrete<br>Guardrail<br>Sleeper Heavy<br>Duty Fastclip<br>(HDFC) 30T<br>No. 1 to No. 6     | Concrete, Heavy Duty<br>Fastclip Guardrail<br>sleeper, GR1 to GR6,<br>30T axle load,<br>Pandrol E-clip<br>fastening on guardrail<br>and fastclip on<br>running rail   | AS<br>1085.14<br>Dwg 217-<br>20S-F-GA<br>Dwg 217-<br>20S-F-GR1<br>- 6 | Austrak                   |

# A.2. Appendix 2 Approved repair processes

| Product<br>Approval<br>No. | Repair Item                      | Description   | Standard/<br>Drawing | Manufacturer/<br>Supplier |
|----------------------------|----------------------------------|---|----------------------|---------------------------|
|                            | Pandrol Cast in shoulders        | Epoxy concrete repair<br>of damaged concrete<br>shoulders   |                      | Pandrol                   |
|                            | Pandrol<br>Fastclip<br>shoulders | Welded repair of<br>Fastclip cast-in<br>shoulder components |                      | Pandrol                   |

# A.3. Appendix 3 Sleeper boring patterns

| Rail<br>Section  | Plate Cat No.        | A<br>(mm) | B<br>(mm) | Comment  |
|--|----------------------|-----------|-----------|--|
| 53 kg  | DF 30 New<br>Pattern | 1348      | 171       | Lockspike and dogspike arrangement<br>is a mirrored and inverted image of<br>Old Pattern |
| 53 kg  | DF 30 Old<br>Pattern | 1348      | 171       |  |
| 100lb AS   | DF 30 Old<br>Pattern | 1348      | 171       |  |
| 100lb AS<br>1916   | DF 10 Old<br>Pattern | 1354      | 171       |  |
| AS 50, AS<br>47, 90lb<br>1925/28,<br>80lb AS 'A'<br>1928 | DF 10                | 1366      | 152       |  |
| 90lb AS<br>1916  |                      | 1346      | 162       | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |
|  |                      |           |           | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |
| 90 'J' 1913  |                      | 1343      | 162       | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |
| 80lb AS 'B'<br>1928, A,<br>A1,2&3                        |                      | 1346      | 152       | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |
| 71½lb 'D'<br>1875  |                      | 1346      | 146       | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |
| 60lb AS<br>1916, AS<br>'A', AS 'B'                       |                      | 1365      | 133       | Unplated. i.e. not on tapered base or cant adzed and no lockspike holes                  |

For can't adzed increase 'A' by 6mm

'A' dimension based on tapered base sleeper plates except for unplated All dimension tolerance are + - 1mm.



# A.4. Appendix 4 Approved special configurations

The following configurations are approved variations from standard configurations. They are applicable to the nominated locations only. When due for replacement they shall be replaced by standard configurations.

| Configuration<br>Type | Approved variation   | Location                                     | Controls  | Original Waiver          |
|-----------------------|--|--|---|--------------------------|
| Concrete<br>sleepers  | Reduction<br>in MDFC<br>sleeper<br>shoulder tilt<br>tolerance      | Where<br>installed in<br>CRN                 | Only for MDFC<br>sleepers produced by<br>Rocla Braemar in<br>2002 and installed<br>before 15/1/2012   | CCW 12/001<br>15/01/2012 |
| Steel sleepers        | Use of<br>53kg/m<br>insulated<br>steel<br>sleepers on<br>80A rails | Yanco to<br>Griffith<br>659km to<br>Griffith | <ul> <li>Monthly visual<br/>inspection.</li> <li>Monitor geometry<br/>conditions by track<br/>geometry recording<br/>car.</li> <li>Check the sleeper<br/>fastenings for signs of<br/>movement or wear.</li> </ul> | CCW 12/007<br>15/01/2012 |

| Configuration<br>Type | Approved variation                                     | Location  | Controls   | Original Waiver          |
|-----------------------|--|---|--|--------------------------|
| Steel sleepers        | Retain<br>steel<br>sleepers at<br>mechanical<br>joints | The Rock<br>to Boree<br>Creek<br>554.100km<br>to<br>607.840km | <ul> <li>For previously<br/>installed sleepers only</li> <li>Steel sleeper type<br/>marked as</li> <li>53.60BJ13S drawing<br/>12287-0-A,</li> <li>Sleeper spacing at<br/>joints to be managed<br/>in accordance with<br/>limits and responses<br/>CRN CM 203 C5-5.1<br/>(At a joint) for track<br/>speed of 50km/hr (i.e.<br/>60km/hr band).</li> <li>Indications of poor<br/>performance e.g.<br/>fastenings<br/>breaking/loosening; to<br/>be advised to<br/>Engineering.</li> </ul> | CCW 15/022<br>17/09/2015 |
| Steel Sleepers        | Use of non-<br>compliant<br>M7.5<br>sleepers           | Parkes<br>Yard No.<br>3, 4, 5 & 6<br>Down<br>Sidings          | <ul> <li>Populate maximo with locations</li> <li>Locations of poor performance are to be advised to Engineering</li> </ul>   | CCW 18/026<br>13/12/2018 |